



SANFED

South African
Naturist Federation

Nudes in the News

February 2008

Nudes in the News

Chairperson comments:

Greetings to one and all and may I take this opportunity to wish you all a wonderful and prosperous 2008. Thanks for all the support you gave us in 2007 and I really hope that this will continue in 2008.

Some news from the INF - Wolfgang (who attended the INF lunch hosted by Kalypto) resigned as president from the INF and George Volak is now president till a new one is elected at the next Congress.

We want to start a new section on the website - called - "Support A Nourist Buddy" What we want in this section is for all SANFED members to advertise what they can do or the products that they make i.e - some people making chocolate gifts, embroidery etc . By doing this we want to create a community where we can support each other. So feel free to send me your details and I will include it on the website and the newsletter. – Send an email to info@sanfed.com with "Support a Nourist Buddy" in the Subject line.

It is also that time of the year again for membership renewals. Please renew as we really do need your support to continue what we are doing. Just remember that everybody that is sitting on the Exco and Marketing board are doing so in their free time, traveling at their own expense to do what they need to do.

Let us all welcome a NEW SANFED Resort Member – Ezulweni Paradise. Please give them your full support. I believe they have an extra ordinary place and it is well worth the visit. More info on: <http://www.ezulweniparadise.com/>

REMEMBER – TOGETHER WE CAN BUILD NATURISM IN SOUTH AFRICA

Well that is all the space I am allowed in this newsletter.

Greetings
Nico
Chairperson



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JOYS AND SORROWS

Joys

Congrats to Peet and Joy who became grandparents just before Christmas. Enjoy the little bundle of LOVE

Sorrows:

It is with great sadness that we heard of the passing away of Eddie Graham – the "Body Piercer" who attended our last SANFED bash at SunEden. Our thoughts are with his friends and family,

Advertisement

Shaktigardens is offering all paid up SANFED members a 20 % discount see their website : <http://www.shaktigardens.com>. You must quote your SANFED membership number for the discount

Sharpshooters are giving all SANFED members a discount for converting videos to DVD etc. You can contact them for more info - thebenjis@telkomsa.net

News from the Marketing Committee

Happy New Year ! – we hope 2008 is a prosperous year for all Sanfed members.

AREA REPRESENTATIVES

Sanfed is appointing naturists in various regions that wish to help spread the message as far and wide as possible. The idea being, whenever we get enquiries as to what is going on or what is available in a region, we put potentials in contact with the Regional Reps who can then get like-minded people together for social naturist “get-togethers”. Currently we have the following active Reps :

Plett / Garden Route Area:

Lara – 082 941 4887

Cape Town Area:

Brian from Squires – 082 956 1741

East London Area:

Don - 082 495 6729

The only requirement is a passion to add value to naturism, be prepared to be contacted by interested people who make enquiries to Sanfed, and also be prepared to do a bit of local marketing amongst potential naturists. We will be adding Reps for all the major cities and regions as soon as possible. If you want to help us and would like to be a Sanfed Area Rep, please send a mail to: marketing@sanfed.com

Our “parent association”, the INF, hosts

2010 INF CONGRESS

a bi-annual World Congress. This year the INF Congress will be held in Brazil in September. Sanfed will be making a strong bid at the 2008 Congress to host the 2010 INF Congress in South Africa. It will be very good for South Africa to be able to gain the hosting of the Congress and benefit from the synergy out of the Soccer World Cup in the same year. Kalypso Tours is going to be handling the arrangements for the 2010 INF Congress bid. If we can pull it off, this will be a great way to give international exposure to the Sanfed affiliated resorts and put South African naturism on the world map.

MEDIA ISSUES

Marketing has been working behind the scenes to ensure that Sanfed and Naturism remains in the media and

gains exposure using the various media outlets. We aim to raise the profile of naturism in the public eye using the media as far as possible. We had the Sunday Times article on the INF Lunch in November and also an article on Sandy Bay also in the Sunday Times in December. Behind the scenes, we also have been arranging a fairly extensive article in the Marie Claire magazine. The individual photo shoots are just about complete and the article will appear in the April issue of Marie Claire. This is a magazine with wide exposure to younger female readers. Recently, we also arranged another exposure in Die Burger. Die Burger run video clip reports on their website. Brian from Squires (alias Brad Pitt....lololol), Cape Town Rep conducted the interview on behalf of Sanfed. You can find the video article by browsing to:

<http://www.dieburger.com/Pages/MultiMedia/Video.aspx?uuid=17.0.4417593>

Many thanks to Brian ! These exposures help to raise the profile of naturism and eventually benefit Sanfed and the Sanfed resorts.

OTHER NEWS

Ezulweni Paradise have joined Sanfed as Business Members – please make sure that we support this new resort as far as possible. They are hosting “Sanfed Special” weekends – their first “Special” weekend is February 22-24. For further details and contacts, please consult their website as www.ezulweniparadise.com

Bumper Sticker – we are making a new Sanfed Bumper Sticker soon, and you will soon be advised where they can be purchased.

We are also planning a KZN Membership Drive for the long weekend of April 26-28. So come along to a new naturist resort venue on the North Coast ! We also are trying to arrange a nude sailing trip from Durban and also a fun day on Umhlanga Beach where we can promote Sanfed and mingle with the locals. We need to raise the profile of Sanfed in KZN, so please come along for a fun weekend !!

Details of these to follow via specific mailshots as we go along.

**Have a great naturist 2008 !
Dave.
Sanfed Marketing.
082 787 4360.**

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SANFED Banking Details:
Account Number: 62015773717
Name: South African Naturist Federation
Bank: First National Bank
Branch: Maxwell Road
Branch Code: 253642

Survivor Games at Sun Eden

Two survivor teams were elected on 26 December by their respective leaders who, in turn won their captainship by distinguishing themselves in a gruelling swimming contest. The two teams challenged each other every day in different types of games. First they had to decide on a name for their team and paint a cloth flag depicting the spirit of their respective names. The “Young Ones” team won the flag-painting contest hands down. The “Hard Rock” team came a close second. On the second day the captains of both teams won indemnity by doing sit-ups for almost half an hour! During the four days that the survivor games lasted, there were more swimming contests, even a water ballet contest in which the Hard Rock team failed dismally. There was also a pole-racing contest, a water balloon throwing contest, and lastly the very popular pole-walking contest across the swimming pool. The Young Ones composed and performed the winning SunEden song. Evictions were made every night during very dramatic tribal councils with Frikkie and his percussion team performing the sombre background music. All visitors enjoyed the contest tremendously and attended all events with great enthusiasm. The final evictions were made on New Year’s Eve in the Boma, as part of the fancy dress party (theme: Survivors, naturally)! The Survivors contest was won eventually by Mercia (14) of the Young Ones team - pretty, but tough! All at SunEden had a great time, with the promise of similar contests during this year’s festive season.

Sun Eden Restaurant under new management

Jacques & Susan are the new faces in the restaurant and as an introduction they prepared a self-served seafood feast that included fish, mussels, prawns, crab, squid and lots more for a mere R80-00 per person.

16 Feb Valentine’s Ball

Remember as this is a Ball the dress code will be “Formal” & during the evening we will announce Mr. & Mrs. SunEden (Adults & kids)

Men: You have to show us the Gentleman in you i.e. Bow tie, formal shoes/socks & cumber belt.

Women: You need to show us the Lady in you i.e. high heels (Glass Slippers like Cinderella), jewels, hair clips etc. Unfortunately the chalets are fully booked already but we do have camping sites available. Remember as we have marked our campsite you can now book your favourite site and don’t have to worry about someone else grabbing it before you get here.



Floods at Sun Eden

On Wednesday, 23rd January 2008, Sun Eden experienced floods which luckily caused no damage to the buildings or facilities but did cause damage to roads especially the gravel roads leading to Sun Eden.

Road works are already in progress and hopefully the gravel roads will soon be graded. On Sunday, 27th January 2008 we visited Sun Eden and just drove slowly on the gravel road. We met a number of first timers and other couples that we had not met previously and enjoyed lunch at the restaurant which is under new management. Susan has previous experience in the hospitality and catering industry and everybody commented about the great quality of food and friendly service.



Naturism and the Gender Balance

I read an article a few years ago that was written by a South African naturist about the gender balance at naturist resorts. I quote an extract from the article:

“The gender balance is said to be important so that, predominantly, ladies should not feel uncomfortable. This reasoning holds true only if one assumes that men, single or otherwise, are constantly on the prowl. If naturism is as asexual as we make it out to be, then the human form, male or female, is of no real consequence.”

I have been to Sandy Bay and to Umhlanga Lagoon and in both instances, there was a gender balance of over 90% male and less than 10% female. Both my girlfriend and I felt uncomfortable and we discussed this afterwards.

A number of the males walking past were not undressed and clearly were gawking. Others were undressed but sat in a position to give them a close view of the females for example on a large rock above where we were tanning and they were also gawking. The main reason for us leaving early and not returning was a guy with an erection who walked past a few times and didn't bother to cover up with a towel and clearly was proud of his erection. Not only was it not appropriate in front of my 11 year old daughter but he showed no respect for the ladies that were present.

Fortunately this does not happen at naturist resorts in South Africa. If a male did get an erection then he would be very embarrassed

and would cover it with a towel or would lie on his stomach. Furthermore, the management or nearest naturist would speak to the individual if he didn't cover up and it is likely that he would be asked to leave the resort and told not to return. He might also be black listed and not welcome at any resorts in future.

I once watched a video about naturism which showed whole towns where people go nude permanently if weather permits. In certain countries such as Spain and France, there were hundreds and hundreds of nudists on the beaches and even though there appeared to be more males than females, I guess that the gender balance was perhaps on average about 60% males and 40% females. It looked like Durban South Beach with the only difference being that nobody was wearing clothes.

So if that is the case then surely nobody cares how many males are on the Durban beach compared to females so why then is it different once the clothes are removed?

I believe that the answer lies in our South African mentality. Firstly, a number of the South African males are insecure in their relationships and prefer to only be in the company of other couples and prefer no single men to be present. Secondly, some of the single men (even married men who leave their wives at home) do not know how to conduct themselves properly.

Get Naked in Dinokeng

This article appeared in
December 2008



Get naked in the outdoors like Adam and Eve! There are five nudist-friendly beaches and eight nudist resorts registered with the SA Naturist Federation (Sanfed).

The most accessible of these is SunEden, 90 minutes north-east of Johannesburg, in the pristine wilderness of Dinokeng. Started 12 years ago, SunEden is a game farm where couples and families can enjoy the sun in the buff.

It features luxury self-catering cabins and a caravan park and every weekend there is some kind of festivity. "We are very popular," says owner Barbara Scholtz. "At SunEden, more than 100 species of birds have been seen in the area, aside from the numerous species of flora. It's close to the beautiful Waterberg district and surrounded by game farms offering game drives – though clothes have to be worn for these!"

Saturday nights are the main event here as management put on a braai. And in winter, there is a huge fireplace in the bar and four fireplaces in the closed-in boma, so the guests don't have to dress.

To see the line-up of events at SunEden, visit the website: www.suneden.com or phone Barbara on 012-735-1569 or you can e-mail: suneden@telkomsa.net

Looking into the Future of Naturism in SA

I was chatting to a family friend who is in his mid twenties. He thinks that I am crazy to walk around nude in the company of strangers. I was trying to explain that naturism is not sexually stimulating. "How on earth can a woman look sexier wearing clothes than being completely nude?" he asked.

He did not understand this but I am absolutely convinced that I am right! I asked my girlfriend for her opinion and she said that without doubt a woman looks sexier in clothes than nude. She said that clothes prop up the boobs, high heels make the calves look much sexier and mini-skirts and low cut dresses and tops are designed to tease the men.

I wonder if you agree. I have seen very sexy looking ladies arrive at a nudist resort but once undressed they simply were no longer noticed as they mixed with other nudists.

I have also noticed that ladies (first timers) will sometimes wear a bikini bottom or a g-string for a while and all eyes will watch their every move until she removes it and then nobody will look in that direction again. That proves my theory – not so?

What started the debate with the family friend was consensus that many of the ladies at a wedding recently looked very sexy. What made them look so sexy, was the clothes and the make up of the faces. Okay so we agreed in this regard. However, when I said that if they were completely nude, the ladies (and men I'm sure) would not look so sexy, he looked at me as if I was an alien. "Come on, be serious!" is all that he could say.

I tried to explain that I have never been "turned on" at a nudist resort and that I had never witnessed a guy who had been turned on and that he would have to experience naturism to really understand it.

After much thought I came to the conclusion that it is all in the mind. The mind-set at a nudist resort is such that you will not be turned on.

For many weeks before our first visit, I had so looked forward to our weekend at a nudist resort. I was dead scared! Why was I nervous?

This was because I was convinced that I would be turned on by nude ladies walking around.

I wore a long t-shirt that went all the way to my knees which was a suggestion in an email that the resort manager had sent to me.

All that nervousness was absolutely unnecessary, the nudists were all very understanding and friendly and just about everyone told us that they had been just as nervous the first time. On my second day, I didn't even wear the t-shirt.

Many nudists would say that we need to educate textiles about naturism: "Its all about awareness and education", I often hear.

Many would argue that we need more young people to adopt the nudist lifestyle. They are the future nudists. How do we get around the singles issue? How do we educate the youth about naturism? Naturism is not only for the elderly. It is not only for married couples. It is not only for whites. It is not only for hetero sexual people.

If naturism is going to really take off in South Africa, we need to look "outside the box" for the answers.

"how on earth can a woman look sexier wearing clothes than being completely nude?"



Naturism in Brazil



Similar habits to the current concept of naturism already were practised by the Indians before the arrival of the Europeans. At the Discovery of Brazil (April, 21st of 1500) the native Indians walked naked as they had done for centuries. The native culture was of “respect to the nature through the respect to the trees, the animals, the rivers and the land”. They knew that, respecting these things, the future generations could enjoy of the same life-quality that they have. They had got the respect of the others looking inside of the people, the body was not important, but the spirit was.

With the sprouting of Modern Naturism, in 1952 the First World-wide Congress occurred in Switzerland near to Neuchatel Lake in Thielle. Present were 300 naturists from all over the whole world and one of them was a Brazilian citizen. In November of 1954 INF-FNI recognized the Brazilian group as a member of this institution, however, from 1964 to 1988 the military dictatorship restrained the popular manifestations in Brazil (but Brazil was represented in some international events of the INF-FNI). With the return of the democracy, in 1988, the Brazilian Naturist Federation returned in force.

The first beach that had a law authorizing Naturism in Brazil was Tambaba’s Beach (although others were, already, used for a longer time). The Mayor Aluísio V. Régis (From Green Party), that also is a naturist, in a pioneering act, officially authorised this beach in 1991.

Nowadays the FBrN has 10 official beaches for the practice of Naturism, approximately 300 tolerated beaches, 2 Resorts, 3 Camping sites, 3 villages, groups in almost all the 27 Brazilian states and 500 thousand Brazilians who frequent the Naturists Areas.

The accomplishment of this Congress in Brazil is the consolidation of this work for the development of our life-style, it is the certification for Naturists all over the World that options of Naturist leisure exists in Brazil. This also opens the doors for foreign negotiations and investments in this Country that has immense potential for Naturism, on beaches, in mountains and fields.



The INF World Congress will be held at Tambaba in Brazil from 9th to 12th September 2008 and SANFED will be well represented.

My Holiday in Cape Town

My daughter is eleven years old and had never been to Cape Town, so we decided to drive from Johannesburg to Plettenberg Bay for two days and then to drive down the Garden Route to Cape Town where we would spend four days before driving back to Johannesburg.

We arrived at Plett on Saturday 1st December and it was pouring with rain. We had booked a log cabin at Arch Rock in Keurboomstrand, 15km from Plett. The Sunday was hot and sunny and so we decided to drive to the main beach in Plett which was crowded and the waves were just right. We spent a few hours swimming and tanning and of course we were wearing bathing costumes which resulted in those horrible white untanned areas.

On the Monday we drove from Plett to Somerset West. We had booked self-catering accommodation at Squires Holidays in Somerset West (see www.squiresholidays.co.za). Squires is a naturist B & B and a member of SANFED. The owners are Brian and Lindsay Jenions. He was born in Britain and even though he has been in SA for about 30 years, he is very much a British gentleman with impeccable manners and a great sense of humour. She (Lindsay) was born in Kenya and then moved to Angola, then Namibia and then to South Africa. She is the proud owner of a few small dogs and six tortoises. Squires is the only B & B in Somerset West which is pet friendly and anybody with small dogs can bring their pets on holiday, with prior approval from the owners. Fortunately the pets have their own garden on the front side of the house and so they did not bother us. In fact, the accommodation is very private and the swimming pool, game room, laundry and cottage were exclusively for our own use.

Brian and Lindsay are the perfect hosts and they had gone out of their way to ensure that we were not lacking anything. A fruit bowl, biscuits, sweets, tea, filter and normal coffee, milk, a few beers, cold drinks and every item you could wish to have from mosquito machines(not required while we were there), candles, braai wood, soap, tissues, shower cap, bath towels and beach towels as well as serviettes, salt and pepper, tin foil and you name it and it was there. There is also DSTV, rotating fans, a pool table, darts, lots of games, magazines and so on. The kitchen is well equipped. We were very impressed with Squires. The salt water swimming pool is big and is solar heated - temperatures varied between 27 and 30 degrees which is pleasant. The water is perfectly clear and Brian scoops up any leaves from time to time and as can be seen by the photograph, the pool is sparkling clean.



On the Tuesday we took a drive from Somerset West to Muizenberg, then to Simon's Town, around Cape Point, over Chapman's Peak, past Houtbay to Sandy Bay which is at Llandudno. It was my first visit to Sandy Bay and I had arranged to meet a few naturists there. I had been told by the locals that Sundays are best because there are lots of couples and families whereas during the week, most visitors are male. There were about 50 people there and 48 were males. I was told that a guy by the name of Kevin is a regular at Sandy Bay and that he chases away any "pervs" or guys behaving badly. Kevin wasn't at Sandy Bay that day but I was about to chat to a regular who was accompanied by a beautiful German Shepherd dog but he left before I could chat to him.

We then went to the V & A Waterfront and decided to buy tickets for a cruise on a very up market catamaran called "Tigresse". We sipped sparkling wine and really enjoyed the cruise. The skipper, Anthony, is happy to take naturists on a clothes free cruise and in fact he and his wife often tan nude near Cape Point on a secluded beach. He allowed my daughter to steer the boat and we had such a nice time that we decided to book again for the Wednesday. On the Wednesday we went up the cableway to the top of Table Mountain in the morning and on the Thursday we went to Hermanus and ate seafood at a restaurant while watching the whales. We spent the afternoon tanning and swimming at Squires. Brian and Lindsay made a braai for supper with compliments of Squires and a good time was had by all.

Will I recommend Squires? For sure!! Will I go back? For sure but next time I will fly down and Brian will fetch us at the airport and then a car hire company known to Brian will deliver a car to Squires and will collect it again.

I want to appeal to all naturists to support Squires and all other SANFED resorts and B & B's. Without your support, they often go back to becoming textile accommodation. Virginia Waters, Lazy Heaven(Buff Lodge), Guinea Fowl Lodge and others have become textile establishment in the past year due to lack of support from naturists.

Do you ever go to Cape Town on business or holiday? Do you live in the Western Cape and need a weekend away from the kids? Why not do what others have done? Book into Squires.

Thanks Brian and Lindsay for a very enjoyable holiday at Squires.

Lofty

Strip Off, Lose your Inhibitions and Bronze your Bum at Sandy Bay

Biënne Huisman

Published: Dec 22, 2007

If you dare to go bare for an all-over tan, Sandy Bay in Cape Town is the place to be.

But there's more to recommend going there than just bronzed buttocks. The secluded beach, reached after a 15-minute stroll into the Cape Peninsula National Park, is wild and untarnished by development.

It smells of fynbos and the icy Atlantic Ocean and offers a long stretch of fine, powdery sand, framed by unspoilt bush and warm granite boulders — ideal for basking on. Apart from softly lapping waves and the occasional grunt as a German tourist (in socks, sandals and sun hat) hops between boulders, it's quiet.

The beach attracts a varied crowd: families, couples and loners of all races, and is especially popular with the Mother City's gay crowd. Sometimes singles discreetly pair up, seeking temporary privacy behind boulders or bushes.

Shana Coetzee of the nude touring company Kalypso Tours said it was bad etiquette to cover your private bits on a nude beach. "Especially when the mentioned people in clothes are obviously there only to look at naked people," said Coetzee.

"However, we do understand that for some people it takes time to get used to going nude. But that should not last longer than an hour or two."

Coetzee's advice for first-timers : "Apply plenty of sunscreen to your nether regions if you are not used to tanning nude. Those parts burn easily and become very painfully sunburnt."

David, 52, a human resource manager from Durbanville, is a Sandy Bay regular in the summer. He spends his winters in Europe.

"I enjoy being able to go nude here and I like the gay-friendly vibe," he said. "Plus it's the most beautiful beach in Cape Town."

There have been a few incidents of crime at Sandy Bay and tourism bosses advise safety in numbers.

But Michiel Spaapen, the owner of the gay-only Amsterdam Guesthouse in Oranjezicht, said he recommended Sandy Bay to all his guests and he had not heard of any trouble.

There are no toilet facilities at Sandy Bay.

- A hawkker sells water (R10) and cool drinks (R8) at the beach's parking lot.
- There are no life guards.

EVENTS

Date	Affiliate Name	Event	Where
16-Feb-08	SunEden	Valentine Party	SunEden
22 - 24 Feb 08	Ezulweni Paradise	Late Summer Weekend	Ezulweni Paradise
08-Mar-08	SunEden	Naked Bike Run	SunEden
21 - 24 Mar 08	Sanfed	Sanfed Mini Bash	SunEden
18 - 20 Apr 08	Ezulweni Paradise	Autum Leaves Cover Up	Ezulweni Paradise
26 - 28 Apr 08	Sanfed	KZN Visit	Durban
03-May-08	SunEden	Party	SunEden
31-May-08	Kalypso Tours	Dinner/Dance	To be advised
14 - 16 Jun 08	SunEden	Long Weekend	SunEden
20 - 22 Jun 08	Ezulweni Paradise	Winter Solstice Celebration	Ezulweni Paradise
19-Jul-08	SunEden	Party	SunEden
09-Aug-08	SunEden	Potjie & Party	SunEden
22 - 24 Aug 08	Ezulweni Paradise	Bushveld Bare Bum Warm-up	Ezulweni Paradise
9 - 12 Sept 08	International Naturist Federation	INF World Congress 2008	Brazil
27-Sep-08	SunEden	Party	SunEden
17 - 19 Oct 08	Ezulweni Paradise	Spring Blossoms Weekend	Ezulweni Paradise
31 Oct - 2 Nov 08	Sanfed	Sanfed Bash 2008	Kiepersolkloof
30-Nov-08	Kalypso Tours	End of the Year function	To be advised
5 - 7 Dec 08	Ezulweni Paradise	Pre-School Holiday Survival Weekend	Ezulweni Paradise
14-Dec-08	SunEden	Xmas Lunch	SunEden
31-Dec-08	SunEden	Year End Party	SunEden

INF NEWS

INF World Handbook - edition 2008

The new edition of the INF World Handbook has arrived and can be obtained through your national federation. For all further details, please contact your national federation.

World Congress

We herewith inform you that a special webpage has been established to inform all interested naturists about this coming event. Please visit <http://www.tambaba08.com>
Important : your INF-FNI membership card with the valid 2008 stamp will be required at the entrance.

Interfederal Meeting 2008

We hereby inform you that from 2008, the Interfederal Meeting of Western-European Federations, the Meeting of the Eastern-European Federations and the Meeting of the Northern-European Federations will merge into a single European Meeting, gathering all 22 federations annually to settle all problems and planning issues outstanding.

The first European Meeting will take place in the Netherlands (probably in Flevo Natuur), from the 14th to the 16th of March 2008.

We kindly ask our federations to mark this date.