



News about our INF-FNI Shop

In a few days our INF-FNI Shop will be revised and will be online with new products.

These will include, for example, a sun hat made of Rayosan® Cooldry Material, a key chain with compass, a watertight traveller bag, a UV-detection band or a globe as an anti-stress ball.

Of course, all provided with our printed Logo. In order to create a little more space in our stores, we would like to offer the remaining stock of our high-value polo shirts by an attractive discount promotion at a special low price of only 5 EUR, excluding shipping costs.

POLOSHIRTS „60 YEARS INF-FNI“

100% cotton, 200 g/m². Soft stylish knit collar, buttons in the same colour and bordered cuffs. Double seam at the bottom hem. Available in sizes S - XL

Since this is a residual stock the action is only valid while stocks last.

When paying, simply insert the discount code **POLO** in the respective box, the price is automatically reduced.

So it is worthwhile to soon visit our new Shop and to browse through our great products.



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Nahe der Alpen, nur 25 km vom Turiner Zentrum und 20 Minuten vom Caselle Flughafen entfernt. Wohnwägen, Wohnmobil- und Zeltplätze, voll ausgestattete Bungalows, Wohnwägen mit Chalet.

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Woman & Nudism

When thinking about the self-image of naturists, a masculine view prevails to the present day. In the balance of the sexes, this does not seem understandable. But social stereotypes are also ubiquitous in the lived free-body culture. Christoph Müller, EU-Assessor of the International Naturist Federation (INF-FNI), has sought the conversation with the Spanish naturist Suka has sought. They once moved closer to the phenomenon of the feminine and the women in free-body culture.

In the present, the statements are recklessly accumulating that free-body culture must always be thought of with sexuality. Have you experienced this?

I have experienced the contrary: naturism is hardly related to the sexuality, like as the sexuality is hardly related to the procreation.

To what extent has the question been present for you in the lived free-body culture, whether your body is perfect enough to be shown bare?

Never! Because I choose nude free for and by myself. I AM free-minded so that free-bodied. My body IS just like that. Never to be shown to any extent.

What does the concept of respect among naturists mean to you?

Naturist people are a very privileged group, but at the same time, an extremely minority one. Too often we don't have this in mind. We need to cultivate this open-minded minority mentality with modesty.

From your subjective point of view, what contribution can naturists make to make the coexistence of women and men on an equal footing, less guided by social stereotypes?

Just being real naturist, real freedom-seeking naturist. Once you are in the respectful world of NATURISM, you have already made more than half way for that goal.

Do you know the feeling that female exposure means greater vulnerability?

No, I don't. Each female or male has her or his vulnerability in her or his mind. So I think, in this case, the generalization doesn't work.



When women experience their menstruation, they are certainly more physically and emotionally vulnerable. For some, it's a protection to wear bikini bottoms even in naturist resorts. Do you know this? How do you experience men who want unconditional undressing?

I myself wore them occasionally and sometimes I had to explain the reason why. But I have not personally come across any person who has tried to make me put on or take off something.

Many nudist activities are male dominated. Don't you want a greater number of sexual comrades during nude walks, nude swimming and other naked activities?

Like almost every activities in any fields. But I don't think naturist activities may affect, in general, some naturists' gender matters; these depend on one's emotional status not on the quantity or quality of clothe wearing of anybody.

Does the nudist movement need a clear idea of feminism in order to give women dignity even among naturists?

Yes, of course! The feminism is nothing but the equality between men and women in their rights. So the feminism is essential not only for the naturist community but for all the humanity to harmonize a fair and modern society. This will bring dignity to the women and to the men.

Thank you very much for the interview, dear Suka.

Inner and outer Liberties

Thoughts on Naturism

by Christoph Müller

What does naturism actually have to do with freedom? There is no simple reply to this question. Because, we nowadays seem to live in a time where freedom seems to be questioned. On Croatian beaches naturists are being repressed. In wellness centers saunas are being opened to clothed people. The freedom that naturist fans may put off their clothes seems to disappear.

In intellectual history the concept of freedom has often been thought of. A statement is being ascribed to the existentialist Albert Camus that there is no freedom without mutual understanding. In regards to naturism Camus' position seems to be realistic.

As naturists we are used to pull down our clothes. At the same time we know that there are many contemporaries having troubles to bear our nudity. In this context people talk about values and morals. Fans of being clothed yet can accept that people live differently.

Somehow this has to do with freedom. Some individuals may take the liberty to live the way he or she likes to live. Naturism not only has to do with the freedom to experience the world and the environment being nude. In fact naturists also have a lifestyle in mind. They want to experience themselves in harmony and unity with nature. They may perhaps live a worldview that puts the preservation of creation at the center.

It can have very concrete consequences for the everyday life. When the inclined naturist renounces his own car, it shows a certain consequence of the personal standard of living. When a naturist limits herself to vegan or vegetarian food, this expresses a serious conviction. Then being nude in nature is only a piece of mosaic in a naturist way of life.

What else can freedom mean? For many naturists it is about being free - of clothes, of bashfulness, of ... Freedom can simultaneously also be thought of as liberation. It is the inner and outer constraints that the people want to get rid off in everyday life. Living the naturist way also works as a health-sustaining counterpart to everyday life, into which people are being constrained.

Many naturists see themselves being threatened in the recent times. They are being taken away from the possibilities to live being naked and free. The question arises whether these simply are social upheavals that question pulling off clothes and being naked. The question arises

whether by the massive migration movements of people an individual freedom must be created differently as we have tried in the past decades.

A question mark still exists. I do neither want to get deterred from being nude nor from my own naturist attitude. The external freedom is one of it; I am willing to restrict myself to be nude in a defined zone of a beach or on the site of a naturist association. But I certainly will not give up the inner liberties I have worked for myself. As the Communist Rosa Luxemburg stated more than 100 years ago: "Freedom always is freedom of a person thinking differently." In this sense I wish to get the recognition of my freedom. In fact I also respect the limits of my counterpart.



Info Focus October

Deadline to remit articles: 20th September
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PORTRAITS

Edi Frankhauser & Werner Zimmermann



EDI FRANKHAUSER

After his business education in 1921 Eduard or Edi Fankhauser came in contact with Werner Zimmermann, a thorough advocate of the life-style with the doctrine of free economy as well as the founder of the "ex-interest" WIR Bank. This person was, via the elements of the reform-pedagogics, also a pioneer of the naturist movement.

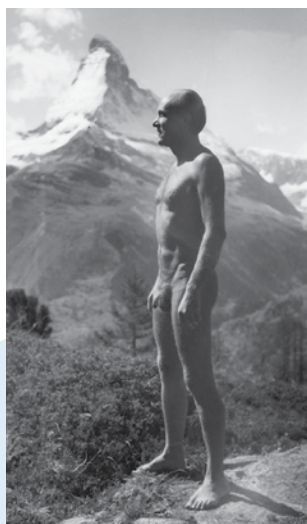
In 1923 Fankhauser became the managing director of Zimmermann's publishing house, in 1924 self-employed books publisher. There he also published the popular Yoga books by Selvarajan Yesudian and Elisabeth Haich. In 1927 he founded the Swiss "Lichtbund", (since 1938 the Swiss Naturist Organisation ONS), in 1928 its organ "Die neue Zeit". He supported a healthy lifestyle through alcohol and tobacco abstinence, vegetarianism, care of mind and health sports.

Between 1926 and 1944 he successfully fought for the right of nudity and the tolerance of the naturist movement with twelve lawsuits - partly up to the Swiss Federal Supreme Court. During his 50-years



long mandate as central president of the ONS he created 16 naturist sites, the most famous one being Thielle in 1937. In 1956 a part of the members separated from the Lichtbund under the leadership of Carl Frank and founded the Swiss Naturist Federation. In 1961 he set up the Foundation "Die neue Zeit" for healthy leisure activities that, after his death, became the owner of the naturist site he had created.

He also chaired the 1st World Naturist Congress at Thielle in 1952 and he was involved in the founding of the International Naturist Federation (INF-FNI).



WERNER ZIMMERMANN

From 1909 till 1913 he completed his teacher education at the lower college in Hofwil and the upper college in Bern. Ernst Schneider, the director of the upper college, inspired him for the reform education, the psychoanalysis and the Free Economy Doctrine. From 1913 till 1919 he taught at the secondary school in Lauterbrunnen. In 1915

he became member of the newly founded "Freiland-Freigeld-Bund" (Free-land Free-monetary Union). His teaching was summarized: "Free economy by Free land and Free Money".

From 1919 till 1920 he travelled as a migrating worker through North America. In 1923 he went back to the USA again, where he tried to win Edsel Ford and other leading personalities for the Free Economy Doctrine. In 1929 he was in Central America and gave lectures in the USA and in Canada. He visited the Doukhobors in British Columbia. In 1930 he travelled to Hawaii, Japan, Beijing, Mongolia, Shanghai, Hong Kong, the Philippines, Java, Bali, India

and Palestine. He visited the educational institutes of Rabindranath Tagore and Mahatma Gandhi in India. His books on the Karezza sexual practice were also written under the Asian influences.

He was co-founder of the settlement "Schatzacker" in Bassersdorf near Zurich in 1932. In 1934 he founded, together with Paul Enz and Otto Studer, the "Economic Ring" (today the WIR Bank). In addition, he helped to build the naturist site "Die neue Zeit" in Thielle on the Lake Neuchâtel.

The naturist movement, too, emerged as part of the life reform movements. The Swiss Arnold Rikli founded already in 1953 a "sun-sanatorium" and prescribed "light baths" without any clothes for his patients. In 1906 there were 105 so-called airbaths in Germany.

Outside the hygienic-medical cures however, it is the painter and cultural reformer Karl Wilhelm Diefenbach (1851-1913) who is considered as the real pioneer of naturism, who practised naturism with his students in the hermitage of Höllriegelskreuth near Munich and later at the Himmelhof near Vienna.

Due to him and against him the first naturist process in history came up in 1888. Diefenbach influenced the successors like Heinrich Pudor, Gustav Gräser, Guntram Erich Pohl, Richard Ungewitter

and Hugo Höppener-Fidus. In 1891 Heinrich Pudor published a document titled *Nude Men. Cheers of the future*, where nudity is being praised as an antidote to the supposed degeneration of the people as a result of civilisation. "Pudor's combination of health advice, clothing reform, vegetarianism, anti-modernism and anti-Semitism found numerous imitators during the following years. The naturist activist Richard Ungewitter represented ethnic-anti-Semitic ideas. In 1910 he founded the lodge for ascending life and promoted "strict physical education" and "nude spouse choice", with the aim to produce healthy and "pure-race" offspring. (14)

"If every German woman would more often see a naked German man, less of them would chase these exotic foreign races. For the sake of a healthy selection I request the naturist culture, so that strong and healthy people will couple, but that weaklings will not succeed to reproduction. (15)

The leading representatives of naturism strongly dissociated from pornography and free sexuality. "Till the 1920s there was a broad movement in the naturist culture that was much more focused on

discipline, body control, self-control, (...), values which definitely were compatible with the Nazi ideology, said the historian Hans Bergemann.(15) Whereas the bourgeois naturist representatives strongly criticized the general prudery, they yet, themselves, did not represent liberal views, but re-defined the concept of "immorality". For them the clothed person was immoral. Hans Bergemann: They simply said: it is the clothing that sexualises the body and thereby actually creates the sultry desire, and in contrary one would have to strip naked, that would then reduce the sexual desire, respectively one could control it better. (15)

As is stated in one naturist publication:

"And, finally, at this point the modern swimwear must be stated, this most indecent garment, which makes you think, because it violently draws attention at this particular spot and point with the fingers to it (...)" (15)

The naturist fans, however, belonged to different ideological directions, even if the most known publicists were nationalistic. The naturist culture was promoted by the "Wandervogel" movement, which connected sports activities with it.

The gymnastics teacher Adolf Koch politically belonged to the camp of socialism and pursued the social-reforming objectives within the working class. He was also involved in sex education, physical strengthening and medical advice. Koch founded the so-called "body schools", which in the 1920's definitely had more members than the bourgeois naturist groups.(16) In 1932 there were about 100.000 organized naturists in the German Reich, whereof about 70.000 in the body schools.

The conservative naturist groups founded in 1923 the working association of the league of German light fighters, which as of 1923 called themselves the Reich Federation of Naturism (RFH). The socialist groups formed the Union of the socialist life and naturism. In March 1933 a decree was issued to combat the "naturism movement". After the RFH stood up for the Nazi state, they were brought in line and renamed in Fighting Circle for nationalist naturism. (16)

The by far most comprehensive collection of historic and present situation of naturism, the "International Naturist Library" (formerly the "Damm-Bau-natal-Collection), is located in the Lower Saxony Institute for Sports History in Hanover.

Source: excerpts from wikipedia.de (translated)
 14- Rolf Koerber: *Freikörperkultur*. In: Kerbs/Reulecke, S. 105.
 15 - Arna Vogel: *Wenn die Hüllen fallen – Geschichte der Freikörperkultur*
 16- Koerber, *Freikörperkultur*, S. 103

Events August

10.08.2019 Sziki Event

Szeged, Naturist Beach, Hungary
 Kids Playday
 Contact: info@natours.hu



17.08.2019 Sziki Summer Event

Szeged, Naturist Beach, Hungary
 Beautification of the campsite
 Contact: info@natours.hu



30.08. - 01.09.2019 LNV Eunat Pétanque

Campsite „Le BETULLE“, Italy
 Petanque tournament
 Contact: petanque@lebetulle.org
 Website: <https://www.lebetulle.org/index.php/en/>



Events September

14.09. - 15.09.2019 Sziki Summer Event

Szeged, Naturist Beach, Hungary
 Closing weekend
 Contact: info@natours.hu



28.09. - 06.10.2019

South European Family Meeting
El Portús - Cartagena - Murcia (Spain)
 Organised by FEN, Contact: fen@naturismo.org

